

The Language of Love

By Niels Poulsen: nielsbp@gmail.com

April 2018



Type of dance: 32 counts, 2 walls, high intermediate, Rolling 8
 Music: **F.U.** by Little Mix (from album: Glory Days). Track length: 3:58. Buy on iTunes, etc.
 Intro: 4 count intro from main beat (3 secs. into track). Start with weight on L foot
 2 restarts: Both restarts happen after 20 counts on walls 3 and 6 which start at 12:00. And, both times the restarts also happen facing 12:00. How easy can that be!... 😊

Counts	Footwork	End facing
1 – 8	R back rock, walk L sweep, L twinkle, cross, reverse rolling vine into rock ¼ R, ¼ R	
1 – 3	Rock back on R (1), recover fwd onto L sweeping R fwd (2), step R fwd sweeping L fwd (3)	12:00
4&a5	Cross L over R (4), rock R to R side (&), recover onto L (a), cross R over L (5)	12:00
6a7	Turn ¼ R stepping L back (6), turn ½ R stepping R fwd (a), turn ¼ R rocking L to L side (7)	12:00
8a	Recover onto R turning ¼ R (8), turn ¼ R stepping L to L side (a)	6:00
9 – 16	R back rock, ¼ L side, L back rock, L side, R&L sailors, behind sweep, behind, ¼ R	
1 – 2a	Rock back on R (1), recover fwd onto L (2), turn ¼ L stepping R to R side (a)	3:00
3 – 4a	Rock back on L (3), recover fwd onto R (4), step L to L side (a)	3:00
5&a	Cross R behind L (5), step L to L side (&), step R to R side (a)	3:00
6&a	Cross L behind R (6), step R to R side (&), step L to L side (a)	3:00
7 – 8a	Cross R behind L sweeping L to L side (7), cross L behind R (8), turn ¼ R stepping R fwd (a)	6:00
17 – 24	½ R sweep, back rock pop, recover hitch, jazz ¼ R lunge, 1 ¼ L, 3/8 L hitch, fwd R&L	
1 – 2	Turn ½ R stepping L back & sweeping R to R side (1), rock R back popping L knee fwd (2)	12:00
3 – 4a	Recover fwd onto L hitching R knee (<i>styling: go up on ball of left foot at the same time</i>) (3), cross R over L (4), step back on L (a) ... * Restarts on walls 3 & 6 and at 12:00 each time	12:00
5	Turn ¼ R lunging R to R side (5)	3:00
6a7	Turn ¼ L stepping L fwd (6), turn ½ L stepping R back (a), turn ½ L stepping L fwd hitching R knee but also continuing to turn 3/8 L on L foot (7)	7:30
8a	Run fwd R (8), run fwd L (a)	7:30
25 – 32	R rock fwd, ½ R, step turn sweep, L&R twinkles travelling forward, step turn turn	
1 – 2a	Rock R fwd (1), recover back on L (2), turn ½ R stepping R fwd (a)	1:30
3 – 4	Step L fwd (3), turn ½ R stepping R fwd but also sweeping L fwd (4)	7:30
5&a	Cross L over R (5), rock R to R side squaring up to 6:00 (&), recover onto L stepping L forward (a)	6:00
6&a	Cross R over L (6), rock L to L side (&), recover onto R stepping R forward (a)	6:00
7 – 8a	Step L fwd (7), turn ½ R stepping R fwd (8), turn ½ R stepping back on L (a)	6:00
	ENJOY! 😊	
Ending	Wall 9 is your last wall (starts at 12:00). Do the first 16 counts. When doing the ½ turn sweep on count 17 you hit the last beat in the music automatically ending at 12:00 😊	12:00